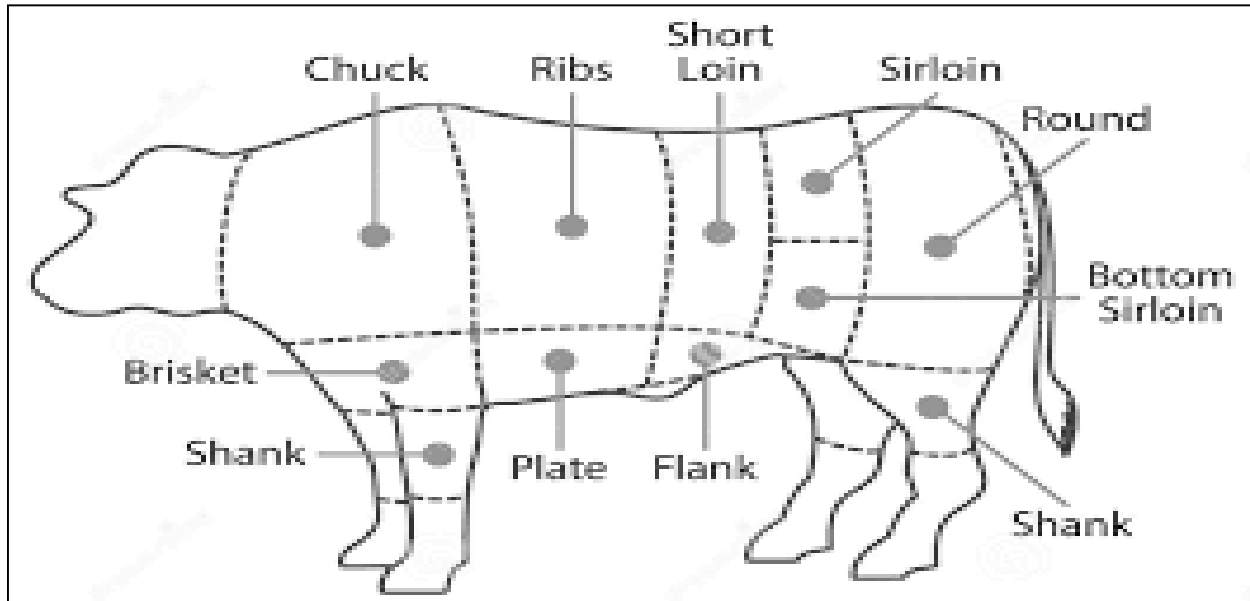


GRASS FED BEEF SIDES & HALF SIDES

TO ORDER YOUR SIDE OR HALF SIDE

CONTACT: GRANT HENRY (250) 715-5154

EMAIL: farmgatesale@gmail.com



BEEF BREAKDOWN

EXAMPLE OF APPROXIMATE YIELD FACTS

1) A 1400 POUND ANIMAL YIELDS ABOUT TWO 360 POUND HANGING SIDES:

22% are steak cuts

22% are roasting cuts

28% is ground beef and stew meat

28% is made-up of fat, bone and shrinkage

2) THE PROPORTIONAL PERCENTAGE OF EACH CUT SIDE IS APPROXIMATELY:

Chuck Cuts @ 27%

Round Cuts @ 27%

Short Plate Cuts @ 5%

Rib Cuts @ 10%

Flank Cuts @ 4%

Fore Shank Cuts @ 4%

Short Loin Cuts @ 8%

Sirloin Cuts @ 9%

Brisket Cuts @ 6%

We Sell Only 100% Vancouver Island Naturally Raised Beef



“you can taste the difference”